



Want more fuel?

- Conducting implementation research can be chaotic and comes with professional, personal, and practical costs. It's a challenge to go all in without burning out, and researchers may compromise their own health in the name of advancing public health.
- If you're an English-speaking **implementation researcher** who resides in the U.S., you may be eligible for a free coaching program. Eligibility is limited to implementation researchers with a doctoral-level degree and full-time position that includes research.
- Coaching sessions are one-on-one, scheduled at your convenience, and tailored to your goals and needs.
- The eight-week program includes nine coaching sessions intended to **fuel your life**, not drain your schedule.
- The program will be evaluated by researchers who are studying novel approaches to advancing implementation science. There is no compensation for participation.

Interested in participating?

Want more information?

Please contact Abby Steketee at 304-282-1489, abbyms@vt.edu

Or visit www.parcilab.org/fuel



Physical Activity Research &
Community Implementation (PARCI)
Laboratory at Virginia Tech

<http://www.parcilab.org>

This research has been approved by the Virginia Tech
Institutional Review Board: Protocol #18-854